

**AUTUMN/WINTER
2023/24**

WEEK 1

WEEK COMMENCING

**February 12, March 4,
March 25**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza
Gluten Milk Soya
pommes noisette
vegetable sticks



Spaghetti Bolognese
Gluten Mustard Soya Fish
OR VEGETARIAN OPTION
Meatfree Bolognese
Gluten Soya Mustard
garlic bread *Gluten Milk Soya*
crunchy vegetables



Southern style burger
in a bun *Gluten Egg Milk Sesame*
jacket wedges
carrot sticks
& ranch salad *Egg*



Roast turkey & stuffing
Gluten
OR VEGETARIAN OPTION
Roast Quorn *Milk Egg*
gravy
roast OR mashed potatoes
cabbage & carrots



MSC fish cake *Gluten Fish*
OR VEGETARIAN OPTION
Fishless fingers *Gluten*
diced potatoes
garden peas & crunchy
veg, tomato ketchup

OR



Cheese & tomato panini
Gluten Milk Sesame
vegetable sticks

OR



Jacket potato with
cheese *Milk*, baked beans
or tuna mayonnaise *Egg Fish*
& mixed salad

OR



Jacket potatoes with
cheese *Milk*, beans or
tuna mayonnaise *Egg Fish*
& mixed salad

OR



Fresh bread roll *Gluten Sesame*
with hot roast turkey &
stuffing *Gluten*, cheese *Milk*,
ham or tuna mayonnaise
Egg Fish roast potatoes,
carrot & cucumber sticks

OR



Jacket potato with
cheese *Milk*, baked beans
or tuna mayonnaise *Egg Fish*
& mixed salad

DESSERT



Mixed berry mousse *Milk*
& apple wedge

DESSERT



Cornflake tart
Gluten Sulphur Dioxide
& custard *Milk*

DESSERT



Fruit flapjack *Gluten*

DESSERT



Cheese & crackers
Gluten Milk

DESSERT



Apple muffin
Gluten Egg

OR Fruit

OR Fruit

OR Fruit

OR Fruit

OR Fruit

AVAILABLE DAILY: Best of both bread *Gluten and Soya* Seasonal vegetables available daily, Coleslaw *Egg* when served. *Vegetarian meals available upon request*

www.nottinghamshire.gov.uk/schoolmeals

**AUTUMN/WINTER
2023/24**

WEEK 2

WEEK COMMENCING

January 29, February 19,
March 11, April 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers **Gluten**
roast baby potatoes
sweetcorn
cucumber sticks



Nottinghamshire sausages
Gluten Sulphur Dioxide
OR VEGETARIAN OPTION
Plant based sausage
Soya Sulphur Dioxide
gravy, Yorkshire pudding **Milk**
Egg Gluten mashed potato
broccoli & carrots



Cheesy tomato pasta
Gluten Mustard Soya Milk
garlic bread **Gluten Milk Soya**
carrot & cucumber sticks



Roast pork, stuffing & gravy
Gluten
OR VEGETARIAN OPTION
Roast Quorn **Milk Egg**
Yorkshire pudding
Milk Egg Gluten
roast OR mashed potato
cabbage & fresh carrots



MSC fish finger wrap
Gluten Fish
OR VEGETARIAN OPTION
Fishless fingers wrap **Gluten**
Pommes noisette
crunchy veg & sweetcorn
tomato ketchup

OR



Jacket potato with
cheese **Milk**, baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad

OR



Cheese & tomato panini
Gluten Milk Sesame
vegetable sticks

OR



Jacket potato with
cheese **Milk**, baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad

OR



Fresh bread roll **Gluten Sesame**
with hot roast pork &
stuffing **Gluten**, cheese **Milk**,
ham or tuna mayonnaise
Egg Fish, roast potatoes
& carrot sticks

OR



Jacket potato with
cheese **Milk**, baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad

DESSERT



Chocolate sponge **Egg Gluten**
& chocolate sauce **Milk**

DESSERT



Jelly & fruit

DESSERT



Bakewell tart
Egg Gluten Sulphur Dioxide
& custard **Milk**

DESSERT



Honey & oatmeal cookie
Gluten

DESSERT



Strawberry ice-cream tub
Milk

OR Fruit

OR Fruit

OR Fruit

OR Fruit

OR Fruit

AVAILABLE DAILY: Best of both bread **Gluten and Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served. **Vegetarian meals available upon request**

www.nottinghamshire.gov.uk/schoolmeals

**AUTUMN/WINTER
2023/24**

WEEK 3

WEEK COMMENCING

February 5, February 26,
March 18, April 8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegan roll & gravy **Gluten**
baby roast potatoes
garden peas
fresh carrots



Meatballs in tomato sauce
Gluten Egg
OR VEGETARIAN OPTION
Vegan balls in tomato
sauce **Soya,**
pitta bread **Milk Gluten Soya**
Tilda rice & crunchy veg



Pasta Neapolitan **Milk Gluten**
Mustard Soya
garlic bread **Milk Gluten Soya**
sweetcorn coblette



Roast Gammon & gravy
OR VEGETARIAN OPTION
Roast Quorn **Milk Egg**
Yorkshire pudding
Milk Egg Gluten
roast OR mashed potatoes
carrots & broccoli



MSC breaded fish portion
Gluten Fish
OR VEGETARIAN OPTION
Fishless finger **Gluten**
oven chips
garden peas & sweetcorn
tomato ketchup

OR

OR

OR

OR

OR



Jacket potato with
cheese **Milk,** baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad



Cheese & tomato panini
Gluten Milk Sesame
vegetable sticks



Jacket potato with
cheese **Milk,** baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad



Fresh bread roll **Gluten Sesame**
with hot roast gammon,
cheese **Milk,** ham or
tuna mayonnaise **Egg Fish**
roast potatoes
& carrot sticks



Jacket potato with
cheese **Milk,** baked beans
or tuna mayonnaise **Egg Fish**
& mixed salad

DESSERT

DESSERT

DESSERT

DESSERT

DESSERT



Chocolate brownie **Gluten**



Fruit yoghurt **Milk**



Honey cake **Milk Egg Gluten**
& custard **Milk**



Fruit cookie **Gluten**



Butterscotch tart
Milk Gluten

OR Fruit

OR Fruit

OR Fruit

OR Fruit

OR Fruit

AVAILABLE DAILY: Best of both bread **Gluten and Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals